Who We Are
The Denver Psychoanalytic Society (DPS) is devoted to the growth and understanding of psychoanalysis as a treatment and as a way to understand human experience for the betterment of all. On a community level, we do this through providing lectures and discussions, continuing education classes, consultation, referrals, and a film series.

We study a broad range of theories including traditional, relational, and attachment as well as brain sciences and research, all having to do with how we become who we are and how we live our everyday lives.

Our Mission
The Denver Psychoanalytic Society is a multipurpose organization whose goals include advancing professional education, and sponsoring and disseminating the results of research in psychoanalysis and related disciplines.

For more information about the Society, visit www.denverpsychoanalytic.org

Affiliations

Donations
Donations help support the Society’s mission to continue providing the community with relevant programs, events and disseminating information.

Donations can be made online at www.denverpsychoanalytic.org/Donate or on our Facebook page. Donations by check, made payable to The Denver Psychoanalytic Society Fund, can be mailed to the address in the Contact Us section below.

Education
The Denver Psychoanalytic Society does not train psychoanalysts, but the Denver Institute for Psychoanalysis does. The Institute offers training in psychoanalysis and psychodynamic psychotherapy. To learn more, go to our combined website at www.denverpsychoanalytic.org.

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Are you looking for psychotherapy you can afford?

Outreach Referral Service
The Denver Psychoanalytic Society offers a referral service for people who are interested in psychotherapy but cannot afford the cost of regularly priced sessions. Through this service, people are referred to licensed professionals who offer psychodynamic psychotherapy on a reduced-fee basis.

What is Psychodynamic Psychotherapy?

Psychodynamic psychotherapy is a form of talk therapy that alleviates emotional distress through helping people learn more about themselves and their relationships with others.

Psychodynamic psychotherapy focuses on developing awareness of feelings and thoughts initially outside the person's awareness. It usually helps a person learn to handle difficulties in a more adaptive manner, facilitating improved interpersonal relationships, greater satisfaction at work, increased authenticity, and greater insight into thoughts, feelings and behavior.

Who can benefit from psychodynamic psychotherapy?

This kind of treatment is designed for those who wish to resolve significant ongoing concerns. It is also appropriate for those who simply desire to know themselves better and enhance the quality of their lives.

Psychodynamic therapy can be helpful for problems such as prolonged sadness, persistent feelings of loneliness or emptiness, debilitating anxiety, dysfunctional relationship patterns, sexual and gender issues, on-going dissatisfaction in a work setting, and emotionally-related physical symptoms. It is also suitable for addressing a wide range of other issues, including stress, grief, trauma, abuse and addiction.

How can I connect with the referral service?

If you are interested in a referral for reduced-fee psychodynamic psychotherapy, please contact the Denver Psychoanalytic Society at 303-724-5455. A professional from the Outreach Referral Service will contact you to gather some preliminary information.

If it appears that we can be of assistance, you will be referred to an experienced psychodynamic psychotherapist. You and the psychotherapist will form your own working relationship, collaboratively negotiating the goals of the therapy, the frequency of meetings, the fee and all other parameters of the treatment. The fee will be scaled to your ability to pay and may be renegotiated as appropriate during the course of treatment.

All the therapists participating in this program are experienced mental health professionals who are licensed within their own disciplines and are members of the Denver Psychoanalytic Society. Please understand that this is a completely voluntary program that may not be able to meet every request.